# **PRURITUS INTENSITY**

Please complete this form and share it with your nephrologist or renal nurse during your next appointment.

### PLEASE RATE THE WORST ITCH YOU FELT IN THE PREVIOUS 24 HOURS:



# **IMPACT OF PRURITUS ON QUALITY OF LIFE**

#### WHICH OF THESE PATIENTS RESEMBLES YOU MOST?

### PATIENT A (MILD):

- I do not generally have scratch marks on my skin
- I do not generally have a problem sleeping because of itching
- My itching does not generally make me feel agitated or sad

# PATIENT B (MODERATE):

- I sometimes have scratch marks on my skin
- I sometimes have problems sleeping because of itching
- My itching can sometimes make me feel agitated or sad

## PATIENT C (SEVERE):

- I often have scratch marks on my skin that may or may not bleed or get infected
- I often have a problem sleeping because of itching
- My itching often makes me feel agitated or sad

**References: 1.** Storck M, et al. J Eur Acad Dermatol Venereol. 2021; 35(5): 1176-1185. **2.** Phan NC, et al. Acta Derm Venereol. 2012; 92: 502-7. **3.** Verweyen E, et al. Acta Derm Venereol. 2019; 99: 657-66. **4.** Mathur VS, et al. Clin J Am Soc Nephrol. 2010; 5: 1410-19.

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