

# ALLEVIATING SYMPTOMS IN PATIENTS UNDERGOING LONG-TERM HEMODIALYSIS: A FOCUS ON CHRONIC KIDNEY DISEASE-ASSOCIATED PRURITUS<sup>1</sup>

Agarwal R, et al. *Clin Kidney J.* 2022;sfac187.

## CKD-ASSOCIATED PRURITUS:<sup>1-4</sup>



affects up to **67%** of patients on haemodialysis



can significantly reduce patients' **quality of life**



is associated with **worse clinical outcomes**

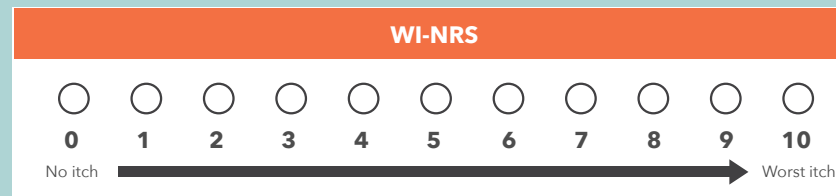


still remains **under-recognised** and **under-reported**

## STEPS FOR THE IDENTIFICATION AND ASSESSMENT OF CKD-ASSOCIATED PRURITUS<sup>1</sup>

**1** Ask patients every three months whether they itch  
If their answer is "yes", exclude alternative causes of itching

**2** Encourage patients to rate the level of their itch intensity, by marking the worst itch they felt in the past 24 hours



**YOUR PATIENT SUFFERS FROM MODERATE-TO-SEVERE CKD-ASSOCIATED PRURITUS IN CASES OF:<sup>1</sup>**

**WI-NRS ≥4**



**SADS B or C**

**3** Let patients select the profile that best describes the impact of itch on their QoL

SADS		
○ Patient A	○ Patient B	○ Patient C
<ul style="list-style-type: none"> <li>I do not generally have scratch marks on my skin</li> <li>I do not generally have a problem sleeping because of itching</li> <li>My itching does not generally make me feel agitated or sad</li> </ul>	<ul style="list-style-type: none"> <li>I sometimes have scratch marks on my skin</li> <li>I sometimes have problems sleeping because of itching</li> <li>My itching can sometimes make me feel agitated or sad</li> </ul>	<ul style="list-style-type: none"> <li>I often have scratch marks on my skin that may or may not bleed or get infected</li> <li>I often have a problem sleeping because of itching</li> <li>My itching often makes me feel agitated or sad</li> </ul>